

SPEAKER INFORMATION CONTINUED

Bowen F. White MD earned undergraduate degrees in Political Science and Chemistry. The former was received from the University of Kansas in 1969 and the latter from the University of Missouri in 1975. Dr. White received his Medical Doctor degree from the University of Kansas in 1979. He completed a Family Practice residency at Baptist Medical Center's Goppert Family Care Center in Kansas City, MO in 1982. He is Board Certified in Family Medicine. He was in the private practice of Family Medicine in Kansas City from 1982 to 1984.

Because of his entertaining and thought-provoking style, Dr. White founded and was Medical Director of the Department of Preventive and Stress Medicine at Baptist

Medical Center from 1983 to 85 and also served then as Medical Director of the Department of Wellness and Health Promotion at Baptist. Dr. White wrote a weekly column "Patient Potential" for the Kansas City Business Journal from 1983 to 1986 and did a Weekly Medical segment on the CBS affiliate station in Kansas City from 1983 to 1990.

Dr. White has spoken at medical conferences throughout the USA, also in Canada, Mexico, India, Panama, Spain, Austria, Germany, Israel and Scotland. Dr. White has been in private practice and practice in organizational medicine from 1985 to the present. He wrote the book, "Why Normal Isn't Healthy" and co-authored "A Clinicians Guide to Spirituality."

CONFERENCE INFORMATION

HOTEL INFORMATION

The "Recent Advances in Medicine" conference is being held at the InterContinental Hotel Kansas City at the Plaza. This elegant hotel is nestled on the edge of the Country Club Plaza which offers both fine and casual dining, exciting and unique shopping. The Plaza is an outdoor museum of romantic Spanish architecture and European art, where haute couture blends with trend-setting styles, with more than 180 stores and distinctive boutiques.

A special hotel rate of \$159 has been secured for seminar attendees. Please reserve your room by June 1, 2011 by calling 816-303-2934 or 1-866-856-9717 or on-line at www.kansascityic.com. When making your reservation, please mention your attendance at the Orear conference or reference Group Code "ORE" to receive the special rate. All reservations must be guaranteed and accompanied by the first night room deposit or guaranteed with a major credit card.

KANSAS CITY: A FUN PLACE FOR EVERYONE

Kansas City is the a "city of fountains," with great barbecue, excellent jazz and outstanding museums. Whether you travel to the conference alone or bring your family, June is a fantastic time to visit Kansas City. The Nelson-Atkins Gallery is within walking distance of the Plaza and is one of the top museums in the nation. The KC Strip runs replicas of historic trolleys between The Power & Light District, the Crossroads, 18th & Vine, Crown Center, Westport and the Country Club Plaza. A short walk from the Crown Center stop is the gloriously restored Union Station that opened in 1914 as the third largest train station in the country. It now houses restaurants, theaters and Science City. The Kansas City Royals will be playing the Chicago Cubs June 24-26, 2011. The play, "9 to 5," based on the hit movie comedy will be playing at Starlight Theatre June 21- 26.

For additional information on Kansas City, visit the following web sites:

www.countryclubplaza.com
www.kansascity.com
www.visitkc.com

CONFERENCE INFORMATION, CONT.

STEERING COMMITTEE MEMBERS

Larry A. Rues, M.D., Course Director
James A. DiRenna, D.O.
Melvin Glazer, M.D.
Lydia Marien, MS, APRN-BC, FNP
Jane Murray, M.D.
Stephen Salanski, M.D.
W. Jack Stelmach, M.D.
Mark Suenram, M.D.
Leonardo Viril, M.D.
Michael Waxman, MD.
Becky Schaid, Executive Director,
Foundation

INSTITUTE OBJECTIVES

This 24th annual course, presented by the **Orear Institute**, is intended to provide practicing physicians, physician assistants and advanced nurse practitioners with the opportunity to learn about recent advances in medicine from the nation's leading experts. Speakers are chosen for their ability to present timely, practical information in an enjoyable fashion.

Adequate time is allowed for questions. Sessions will include a discussion of current controversies in each topic area and focus on areas undergoing major change for both common outpatient problems and hospital care.

2011 CONFERENCE OBJECTIVES

1. Analyze lipid disorders and apply case-management decisions based on guidelines;
2. Identify and discuss treatment of dementia utilizing the most current, evidence based guidelines;
3. Identify the connection between our nutritional choices and how that effects inflammatory bowel disease;
4. Efficiently use and interpret thyroid tests in identification of thyroid disorders;
5. Describe integrative medicine approaches to disorders of the digestive system;
6. Analyze and discuss treatment of lipid disorders for primary and secondary prevention of cardiovascular disease;
7. Choose evidence-based management approaches for patients with thyroid disorders;

8. Examine various beliefs and obligations that unwittingly control people's lives in non-productive ways;
9. Identify and discuss treatment of the entirety of Alzheimer's Disease in a rational fashion;
10. Evaluate the causes and describe the treatment of chronic kidney disease to help prevent kidney failure;
11. Implement an integrative approach in the care of functional digestive disorders;
12. Be aware of and help control factors in chronic kidney disease that increase risk for cardiovascular events;
13. Recognize and describe mild cognitive impairment to slow the progression to dementia; and
14. Choose a rational clinical process for the identification and plan of care of thyroid nodules and goiter.

CONTINUING EDUCATION CREDIT

AAFP – This activity, Recent Advances in Medicine, with a beginning date of June 23, 2011, has been reviewed and is acceptable for up to 13.00 Prescribed and 1.00 Elective credits by the American Academy of Family Physicians.

AMA/AAFP Equivalency: AAFP Prescribed credit is accepted by the American Medical Association as equivalent to *AMA PRA Category 1 Credit*TM toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

Nursing: Research Medical Center is an approved provider of continuing nursing education by the Missouri Nurses' Association, an accredited approver by the American Nurses recertification Center's Commission on Accreditation.

The participant will receive 7.0 contact hours per day. Approval to present this program does not imply ANCC Commission on Accreditation or MONA approval or endorsement of any commercial products. Registrants are required to attend the entire program each day in order to receive credit.

Baptist-Trinity Lutheran Legacy Foundation
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Kansas City, MO 64131



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OREAR INSTITUTE

RECENT ADVANCES IN MEDICINE
JUNE 23-24, 2011

I N S T I T U T E

RECENT ADVANCES IN MEDICINE



24TH ANNUAL COURSE

JUNE 23-24, 2011

INTERCONTINENTAL KANSAS CITY AT THE PLAZA
401 WARD PARKWAY
KANSAS CITY, MISSOURI 64112

*Presented by
The Orear Institute of
Baptist-Trinity Lutheran Legacy Foundation
Kansas City, Missouri*

Orear

RECENT ADVANCES IN MEDICINE

CONFERENCE REGISTRATION

JUNE 23-24, 2011

Name & Degree _____

Address _____

City/State/Zip _____ Office Phone _____

Office Fax _____ E-Mail _____

Specialty _____

Fees include continental breakfast, refreshments at breaks, luncheon, name badge & syllabus (hard copy and CD). A \$75 cancellation fee will apply for registrations cancelled within 2 weeks of the conference.

Registration Category	Payment by 6/1/11	Payment after 6/1/11	Lunch Fee	Indicate Amount of Payment
<input type="checkbox"/> Former Baptist-Lutheran Medical Center and Current Research Medical Center Medical Staff (Active and Courtesy)	\$25.00 without lunch	\$25.00 without lunch	\$25.00 per day*	\$ _____
<input type="checkbox"/> Other Physicians	\$275 both days \$150 one day*	\$300 both days \$175 one day*	Included	\$ _____
<input type="checkbox"/> Family Practice Residency Graduates (Trinity, Baptist or Research Hospitals) <input type="checkbox"/> Active Military Physicians <input type="checkbox"/> Retired Physicians	\$200 both days \$125 one day*	\$225 both days \$150 one day*	Included	\$ _____
<input type="checkbox"/> Other Medical, Pharmacy and Nursing <input type="checkbox"/> Students <input type="checkbox"/> Residents <input type="checkbox"/> Fellows <input type="checkbox"/> Advance Practice Nurses <input type="checkbox"/> Physician Assistants	\$150 both days \$100 one day*	\$175 both days \$125 one day*	Included	\$ _____

* Please indicate which day you will attend: _____ Thursday, June 23 or _____ Friday, June 24.

GUARANTEE: We are so confident about the quality of this conference that we will refund your tuition if you are dissatisfied.

Detach registration form and mail with check (payable to BTL Legacy Foundation) to:

OREAR INSTITUTE
Baptist-Trinity Lutheran Legacy Foundation
P.O. Box 8741
Kansas City, MO 64114-8741

FOR QUESTIONS, CONTACT THE
CONFERENCE COORDINATOR AT:

Telephone: 816-916-8592
Fax: 816/276-4470
E-Mail: OrearInstitute@kc.rr.com

CONFERENCE SCHEDULE

THURSDAY, JUNE 23, 2011

- 7:30 am Registration & Continental Breakfast
8:00 am Welcome & Introductions
Larry A. Rues, MD, Moderator
- 8:10 am Diagnosis and Management of Alzheimer's Disease and Other Dementias
David B. Carr, MD
- 9:10 am Primary Care Evaluation and Management of Chronic Kidney Disease
Richard S. Muther, MD
- 10:10 am Break
10:30 am The Important Relationship Between CKD and Cardiovascular Events
Richard S. Muther, MD
- 11:30 am Why Normal Isn't Healthy
Bowen F. White, MD
- 12:30 pm Lunch
1:30 pm Dementias and Mild Cognitive Impairment
David B. Carr, MD
- 2:30 pm THE OREAR MEMORIAL LECTURE
Thyroid Nodules and Goiter
E. Chester Ridgway, MD
- 3:30 pm Break
3:45 pm The Coming Alzheimer's Epidemic: Challenges and Promising Future Therapies
David B. Carr, MD
- 4:45 pm Adjournment

FRIDAY, JUNE 24, 2011

- 7:30 am Registration & Continental Breakfast
8:00 am Welcome & Introductions
Melvin L. Glazer, MD, Moderator
- 8:10 am An Integrative Approach to Functional Digestive Disorders
Gerard E. Mullin, MD
- 9:10 am What's New with Hyperlipidemia in 2011?
Brian V. Reamy, MD
- 10:10 am Break
10:30 am Rational Interpretation of Thyroid Tests and Hormone Management
E. Chester Ridgway, MD
- 11:30 am Nutritional Modulation of Inflammatory Bowel Disease
Gerard E. Mullin, MD
- 12:30 pm Lunch
1:30 pm Case Studies Applying Integrative Medicine to Gut Disorders
Gerard E. Mullin, MD
- 2:30 pm Workshops
1. Analysis and Management of Lipid Disorders
Brian V. Reamy, MD
2. Case Studies of Thyroid Disorders
E. Chester Ridgway, MD
- 3:30 pm Break
3:45 pm Workshops (Repeated)
1. Analysis and Management of Lipid Disorders
Brian V. Reamy, MD
2. Case Studies of Thyroid Disorders
E. Chester Ridgway, MD
- 4:45 pm Adjourn

SPEAKER INFORMATION

All speakers have been selected based on first-hand recommendations of members of the Orear Steering Committee. You will find their presentations informative, practical and enjoyable.

David B. Carr, MD is an Associate Professor in the Department of Medicine and Neurology at Washington University at St. Louis. He is a board certified internist and geriatrician, and completed his fellowship training in geriatrics at Duke University in 1990.

Dr. Carr accepted a position as Clinical Director in the Division of Geriatrics and Nutritional Science at Washington University in 1994. He maintains a consultative practice there. He has been a clinician in the Memory and Aging project in the Alzheimer's Disease Research Center for the past 15 years. He is the director of the geriatric fellowship program. Dr. Carr is Medical Director of The Rehabilitation Institute of St. Louis, an 80-bed inpatient rehabilitation hospital. He is also Medical Director of Parc Provence, a long-term care facility for dementia in the greater St. Louis area.

Dr. Carr's research interests are in medical conditions that affect driving and especially, issues of assessing driving safety and driving cessation for older drivers with dementia and stroke.

Gerard E. Mullin, MD is an associate professor in the Department of Medicine as well as Director of Integrative Gastroenterology Nutrition Services and Director of Capsule Endoscopy at The Johns Hopkins Hospital.

He is an internist, gastroenterologist and nutritionist and the only physician in the United States who is board certified by the American Board of Internal Medicine for Gastroenterology, American Society of Enteral and Parenteral Nutrition, American College of Nutrition, and the American

Board of Nutrition Physician Specialists.

Nationally and internationally renowned for his work in integrative gastroenterology and nutrition, Dr. Mullin has accumulated over 15 years of clinical experience in the field and earned his master's degree in nutrition while in practice.

He is an associate editor of several nutrition and integrative medicine journals. Dr. Mullin was selected by Dr. Andrew Weil to serve as a senior editor for the first book for physicians on integrative gastroenterology by Oxford Press to be released in March of 2011.

Dr. Mullin's writing and communications skills are diverse in both the medical and lay communities. He has been interviewed on radio and television and has contributed to stories in The New York Times, the Associated Press, ABC News, Good Morning America, Chicago Tribune, Newsday, Martha Stewart Living, Rodale Press, Consumers Digest, Reader's Digest, Prevention, Natural Health magazine, More Magazine, Ladies Home Journal, Body & Soul, Cooking Light, Women's World, Men's Health, Good Housekeeping, Glamour and more.

Dr. Mullin's contributions and discoveries have led to multiple awards and his continued selection as one of America's Top Physicians by the Consumer's Research Council of America since 2004. In 2009 he was named by the American Dietetic Association's honorary member of the year.

Richard S. Muther, MD has practiced nephrology for 30 years in the Kansas City area. He is an Alpha Omega Alpha graduate of the University of Kansas

“Each year, this is the best overall conference that I attend.”

Medical Center where he also completed a residency in Internal Medicine. Dr. Muther served a nephrology fellowship at the University of Oregon Health Sciences Center in Portland. Dr. Muther is Medical Director of the Dialysis Clinics, Inc. and Founding Partner of the Kidney Associates of Kansas City, Missouri. For over 30 years, Dr. Muther has been in this private group practice and a consultant in nephrology at Research Medical Center in Kansas City, Missouri. Among his many clinical and medical leadership awards, Dr. Muther is sought and recognized for his outstanding abilities as a teacher.

Brian V. Reamy, MD is the Associate Dean for Faculty and Professor of Family Medicine of the F. Edward Hebert School of Medicine at Uniformed Services University (USU) School of Medicine in Bethesda, Maryland. He is the immediate past-Chair of the Department of Family Medicine at USU where he served from 2001-2009. Dr. Reamy has an extensive record of research, publications and speaking in the prevention of cardiovascular disease through the control of hyperlipidemia.

Dr. Reamy earned his medical degree from Georgetown University Medical School in 1987. He completed his residency in Family Medicine at David Grant Medical Center, Travis AFB, California. He also completed a Fellowship in Faculty Development at the University of California, San Francisco in 1997.

Dr. Reamy is a Fellow of the American Academy of Family Physicians. He has served on the Board of Directors of the Uniformed Services Academy of Family Physicians (USAFP). He has also served as the Vice President and President of that organization – the eighth largest Chapter of

the AAFP. He has served as Chief of Family Practice at Eielson AFB, Alaska and as faculty and then Residency Director of two Air Force residency Training Programs at Travis AFB, California and then Andrews AFB, Maryland.

E. Chester Ridgway, MD

received his undergraduate degree at Dartmouth College and his M.D. degree from the University of Colorado Medical School. Following his residency and fellowship at Harvard Medical School, he joined the faculty at Harvard University and the Massachusetts General Hospital where he was Head of the Thyroid Unit. In 1985 he was recruited back to the University of Colorado School of Medicine as the Head of the Division of Endocrinology, Metabolism and Diabetes, a position he held until 2007. In 1995 Dr. Ridgway was appointed Senior Associate Dean for Academic Affairs within the School of Medicine. In 2006 he was appointed Vice Chair for the Department of Medicine and he was Interim Chair for the Department of Medicine from April-December 2010.

Dr. Ridgway's clinical interests are in disorders of the thyroid and pituitary glands. Dr. Ridgway does both basic and clinical research in the area of endocrinology emphasizing pituitary and thyroid disorders. Additionally, Dr. Ridgway continues to be an active member of both the national American Thyroid Association and The Endocrine Society. He served as the President of the American Thyroid Association in 1997 and President of the Endocrine Society in 2003. Dr. Ridgway is currently Editor-in-Chief for Endocrine Reviews. He is a past speaker at this Recent Advances in Medicine conference.